



MARTA GÓMEZ CASAS
CURRICULUM VITAE

PERSONAL INFORMATION

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EDUCATION

- 2000-2004** **Alfonso X El Sabio University (Madrid). Diploma in Physiotherapy**
Collegiate nº 5459
- 2004-2006** **Pontifical University of Salamanca (Madrid):**
• University Expert Course in Physical Therapy and Sport Traumatology.
- 2005** **FREMAP (Madrid):**
• National Congress of Physiotherapy "Assessment and Treatment of the Cervical Spine."
CEMTRIO CLINIC (Madrid)
• International Symposium on "Advances and Updates in Traumatology and Orthopedics".
- 2006** **CEMTRIO CLINIC (Madrid)**
"V I International Theoretical Course pathology of the knee pathology"
- TRIPARTITA Foundation (Madrid)**
"Patient care and quality of care".
"Anorexia and bulimia nervosa".
"The relationship process of help".
"Emotional Intelligence".
- 2007** **CEMTRIO CLINIC (Madrid)**
"International Symposium on" Advances and Updates in Traumatology and Orthopedics"
"VI International Theoretical Course pathology of the knee pathology "
- 2008** **CEMTRIO Clinic (Madrid)**
"International Symposium on" Advances and Updates in Traumatology and Orthopedics"
"VII Practical Theoretical International Course of the knee pathology "
"IV Course of Hand Surgery and Upper Limb"
KINESIO INTERNATIONAL ASSOCIATION
KINESIO TAPING 1 & 2 Course

- 2009** **CEMTRO CLINIC (Madrid)**
 “VIII International theoretical and practical course of knee pathology”
 “Emergency and first aid course”
UNIVERSITY HOSPITAL MOSTOLES
 “I National day of physiotherapy”
- 2010** **MUTUA MADRILEÑA FOUNDATION**
 II “Conference Emotions and Well-being”
 “Conference "sadness and well-being"”
- CEMTRO CLINIC (Madrid)**
 • “IX International Theoretical Course pathology of the knee pathology”
 • I”X INTERNATIONAL SYMPOSIUM ON "Advances and updates in traumatology and orthopedics”
- 2011** **CEMTRO CLINIC (Madrid)**
 • “X I International Theoretical Course pathology of the knee pathology”
 • “X INTERNATIONAL SYMPOSIUM ON "Advances and updates in traumatology and orthopedics”
 • **Mutual foundation in Madrid (Madrid)**
 “Efficacy of psychological treatments: empirically supported treatments”
 * **Cerede: department of continuous training in EPI (Seville)**
 Level I: Intratisular percutaneous electrolysis (EPI) applied to the locomotor system
 • **Cerede: department of continuous training Barcelona**
 Course of Musculoskeletal Ultrasound
 • **I International Congress EPI - COE Madrid**
- 2012** • **II International Congress of Physiotherapy and Pain**, Madrid
 • **III Conference Physiotherapy "San Juan de Dios"**, specialty Physiotherapy in sport
 • **Fundamentals and methodology of eccentric work**, At preventive and therapeutic level
CEMTRO CLINIC (Madrid)
 • “XI International Theoretical Course pathology of the knee pathology “
 • “XI INTERNATIONAL SYMPOSIUM ON "Advances and updates in traumatology and orthopedics”
- 2013** **Official masters of invasive physiotherapy - Universidad San Pablo –CEU: includes:**
 dry needling, acupuncture, musculoskeletal ultrasound, intratisular percutaneous electrolysis and mesotherapy for sport injuries.
 October 2013-July 2014
 • **XII International Congress – CEMTRO CLINIC**
 “Advances and updates in traumatology and orthopedics”
- 2014** **Cerede: department of continuous training Barcelona**
 Level I-II: Intra-insular percutaneous electrolysis (IPE) applied to the locomotor system
 • **I International Congress on Invasive Physiotherapy**
 “Presentation of poster, research study”
- 2015** • **Course skeletal muscle ultrasound, method Rusl, level I**
- 2016** • **Diathermy course**
 • **Monographic course of the shoulder, physiotherapeutic approach**

2017	<ul style="list-style-type: none"> • Ultrasound specialization course for physiotherapists, mms and mmii • Shock wave course
2018	<ul style="list-style-type: none"> • Kinetic control "Movement solution"
2019	<ul style="list-style-type: none"> • Movement Academy "Tensegrity Spine", "DNS" (Beijing, CHINA)
2020	<ul style="list-style-type: none"> • International congress Physiotherapy and sport "FisioCampus" • Evaluation and reeducation of lumbar dysfunctions "FisioCampus"
SEPTEMBER 2020- JANUARY 2021	<ul style="list-style-type: none"> • FIFA DIPLOMA IN FOOTBALL MEDICINE , " The federation international de football association"
DECEMBER 2020	<ul style="list-style-type: none"> • COURSE STURDY SHOULDER SOLUTIONS "Eric Cressey ", oniiine
JANUARY 2021	EVALUATION AND TREATMENT OF THE KNEE " Mike Reinold" , online
FEBREUARY 2021	<ul style="list-style-type: none"> • DNS 1 (DYNAMIC NEUROMUSCULAR STABILIZATION) " Petra Valouchová "
MARCH 2021	MYOFASCIAL INSTRUMENTAL FIBROLYSIS HOOKS " Ramon Aiguadé , FISIIFORMACION"
APRIL TO JUNE 2021	NEUROMODULATION FOR PHYSIOTHERAPISTS " Fisio Campus "

PROFESSIONAL EXPERIENCE

Since January 2021	Independent sports physiotherapist , post-surgical processes, sports injuries, Elite athletes (triathletes, padel, basket, football, tennis)
Since Nov 2020	Collaboration as a Teacher in FISIOCAMPUS company , making shoulder and knee courses
Since June 2020	Online assessment, treatment and injury prevention www.prehabfocus.com at education www.microtraining.co
Since July 2019- June 2021	Sport Physiotherapist Chinese Swimming Association, Olympic Team , preparing to Tokyo 2020 (postponed to 2021) Olympic Game (focus injury prevention program and manual therapy) Focus in ZHANG YUFEI ,
July 2019- September 2019	Sport Personal physiotherapist of football player , super league Chinese Masika Ayub, Super League China
Since January 2019-june 2019	Sport Physiotherapist, Team China Sports Medicine at Chinese Olympic Committee (Team Rowing & Kayak)
Since March 2014- December 2018	Sport Physiotherapist , collaborator Physiotherapy FIMA, specialist in high level athletes, collaboration with federations : Triathlon, Field & Track Tennis, Padel, Football, Sky,Golf, Basketball, Gymnastic Sport Physiotherapist in the team of Dr Leyes&Flores
Since 2014-2018	Personal physiotherapist of Alejandra Salazar , professional padle player, No. 1 WPT, World Champion
Since May 2006 to February 2016	CEMTRÓ CLINIC (Madrid) Physiotherapist in the team of Dr. Pedro Guillén: mainly of post-operative rehabilitation processes, and high competition athletes

Sport Physiotherapist in the team of Dr Leyes&Flores

- Since June 2011- February 2016** **Coordinator Physiotherapy CEMTRO CLINIC** Pozuelo- Madrid
- Since September 2012-2016** **Teaching activity**, associate professor of students in practices, for the universities: Salus Informurum, La Salle, Camilo Jose Cela University, Francisco Vitoria University
- June 2003 to May 2006** **CEMTRO CLINIC** (Madrid)
Assistant physiotherapist with Dr. Guillen's team. Tasks to aid the recovery of trauma patients through the methods of mechanotherapy, poleo therapy, electrotherapy, as well as reeducation of the gait and other works of support to the physiotherapists of the service.
- Since 2004 to 2016** **Home care** (Madrid)
Physiotherapist (own stretcher). Rehabilitation at home to trauma patients with different ailments, hip prosthesis, knee Treatment of patients with hemiplegia,
- 2009-2010** **Personal physiotherapist** of the nº 1 (in that moment) female professional partner in the paddle world: Carolina Navarro & Alejandra Salazar
- November 2009** Research project under development, for CLINIC MASTER: Microcurrent Therapy and on the effect of the mentioned treatment of physiotherapy in sportsmen.
- September 2009 to December** C.F. Atlético de Madrid: Microcurrent Therapy
C.F. Valladolid: Microcurrent Therapy Talks as rapporteur on the application of microcurrents in Sports Physiotherapy.
Talks as rapporteur on the application of microcurrents in Sports Physiotherapy. September 2009
- 2004-2005** **Physiotherapist. Assistance** to the team of the FOOTBALL CLUB TRUJILLO team, which plays in Regional Preferent., C.F. TRUJILLO. Trujillo (Cáceres)
- 2004** **Physiotherapy practices.** , GUADARRAMA Hospital. Guadarrama (Madrid)
University practices in Guadarrama Public Hospital, attending patients with neurological pathology using the techniques of Bobath and Perfetti.
tología neurológica utilizando las Técnicas de Bobath y Perfetti.
- 2003** **Physiotherapy practices.** C. GERIÁTRICO RIOSALUD. Las Rozas (Madrid) University internships in geriatrics, performing techniques for neurological, traumatological and respiratory physiotherapy patients.
Physiotherapy practices.
IBERMUTUAMUR (Madrid), University practices carried out at the insurance company's central office assisting the recovery of trauma patients.
- 2001** **Physiotherapy practices.** PHYSIOTHERAPY Clinic. Naval moral (Cáceres)
Assistant physiotherapist, assisting in the rehabilitation of trauma patients, clinic in Naval moral de la Mata.

GREATEST ACHIEVEMENTS

1. 2009 & 2016 world N° 1 , Alejandra Salazar , profesional padel player
2. Chinese swimming nacional team

September 2020 : ZHANG YUFEI

- Chinese record 100m Freestyle
- Chinese record and Asian Record 100m Butterfly
- World record mixed medley relay 4x100m

Olimpic Games TOKIO 2020, ZHANG YUFEI

- GOLD MEDAL + OLIMPIC RECORD 200M BUTTERFLY
- SILVER MEDAL 100M BUTTERFLY
- GOLD MEDAL 4 X 200 FREESTYLE + OLIMPIC RECORD
- SILVER MEDAL 4 X 100 M MIXED MEDLEY RELAY

LANGUAGES

SPANISH: Native level

ENGLISH: Average spoken and written level